



Preparing a Youth Session – a Summary

How you go about this

1. Personal study – background information / knowledge & understanding.
Look at any pre-prepared material well in advance.
Think especially about anything you may need to buy or borrow.
2. Think about your group
 - Their needs
 - Their limitations
 - Their background
 - Their concentration span
 - Different learning styles
3. Work out how to present your topic in a way that will be both fun/interesting and meaningful.
4. Make it relevant for them
5. Be prepared to be flexible – it's occasionally necessary to drop even the best plan such as when there is a spontaneous, **valuable** opportunity to discuss an important topic.

Your skeleton plan will look something like this

Title of session & perhaps date

- Aim
- Bible refs
- Resources
- Starter/attention grabber
- Main content
- Inter-active ideas for presenting material
- Application to life
- Memory verse? Optional according to situation
- Prayer? Optional according to situation