



Forgiveness Prayer Space Activity / Collage

- ⊕ Have a selection of quotes on forgiveness written on coloured papers on the table or floor.
- ⊕ Let them pick the one they like best and/or write one of their own.
- ⊕ Some groups might like to take turns to read out their quote and say why they like it.
- ⊕ They could make up a collage from their favourites.
- ⊕ Include space for sorry/forgiveness prayers.
- ⊕ Some of the quotes might inspire a picture.

✚ Which of these quotes on forgiveness do you like best?

✚ What do **you** think forgiveness is?

✚ Draw a picture or write a prayer on forgiveness

- Forgiveness is a funny thing. It warms the heart and cools the sting.
- I've learned that no matter how good a friend someone is, they're going to hurt you every once in a while and you must forgive them for that.
- The weak can never forgive. Forgiveness is the attribute of the strong.
- Always forgive your enemies - nothing annoys them so much.
- Not forgiving is like drinking poison and waiting for the other person to die.
- One of the secrets of a long and fruitful life is to forgive everybody everything before you go to bed.
- To forgive is to set a prisoner free and discover that the prisoner was you.
- Forgiveness is not about forgetting. It's about letting go of another person's throat.
- To forgive is the highest, most beautiful form of love.
- When a deep injury is done us, we never recover until we forgive"
- Never forget the three powerful resources you always have available to you: love, prayer, and forgiveness."
- The practice of forgiveness is our most important contribution to the healing of the world.
- Forgiveness gives freedom. Freedom makes your heart open toward other people.