



Holy Week: Cards for Prayer Stations

Who is Jesus?

Write the word 'Jesus' in the middle of the page.

What does this name make you think of?

How does it make you feel?

Write or paint your thoughts around the word 'Jesus'.



Palm Sunday expectations

Jesus rode into Jerusalem on a donkey.

The crowd went wild with excitement

The Romans were unconcerned

The Jewish leaders plotted to kill him.

What were people's expectations?

What did the ordinary people expect?

What did the Romans' expect?

What did the Jewish leaders expect?

What do **you** expect of Jesus today?

Decluttering

When we come to God, it is important to be in the right frame of mind to hear what He has to say.

Write down the things that are weighing on your mind at the moment – any worries or concerns you might have.

Spend a few minutes quietly handing these things over to God, asking for his peace.

When you are ready, screw up the piece of paper and throw it into the bin.

Anointing of Jesus

Reflect on the image of the woman anointing Jesus' feet.

The woman abandoned herself to Jesus. She poured herself out in worship at his feet, with no thought of the personal cost either in monetary terms or her reputation.

How easy do you find it to give your all to God?

What holds you back from abandoning yourself completely to Jesus?

As a sign of dedicating yourself afresh to him, take some anointing oil and place the sign of the cross on your forehead.

Betrayal

Jesus was betrayed by one of His closest friends.

Have you ever been betrayed by a close friend or family member?

Have you ever betrayed or let someone else down?

Talk to God about your feelings of hurt or guilt.

Forgive those who have hurt you.

Make a commitment to seek forgiveness of those you have betrayed or let down.

Time of Lament

Read through the “*Was Jesus Ever...*” cards, and pause when you find one you connect with.

Offer God your feelings, and trust that He understands your pain and accepts you just as you are.

In the midst of struggles and difficult emotions, aim to bring your focus on this verse from Psalm 46:

“Be still and know that I am God”.

Persecuted Church

'Open Doors' has identified more than 50 countries in the world where Christians are actively persecuted for their beliefs.

Choose a country fact card, and spend some time praying over the Christians in that country.

Communion

Take the wine and the bread provided as instructed by Jesus at the last supper. Use the words from the prayer book or simply read the passage provided.

Thank Jesus for His sacrifice for you.

Gethsemane: Waking up to pray

Which people rely on you to pray for them?

Which people may you be overlooking?

Pray for them now and lift them to Jesus.

Add their names to the tree



Good Friday: The Trials

The trial was unjust.

Pray for those responsible for keeping society just and fair.

Pray for those facing injustice today.

Ask the Holy Spirit to reveal to you any ways in which you make unfair judgements about others.

The Crucifixion

Jesus suffered the most horrific, humiliating and agonising death. Take time to read the accounts of what those last few days were like for Jesus. It is not easy reading but He suffered this for us all.

Use the visual aids to reflect on His suffering.

Remember He did this because He loves you. Thank Jesus for what He has done.

Crucifixion

We all had a hand in the death of Jesus because he sacrificed Himself to take the punishment for the wrong doing of all of us.

Take a piece of paper, draw around your hand and cut it out.

Pin your paper hand to the cross to symbolise your part in His suffering.

Repentance

1 John 1:8-9 NLT

If we claim we have no sin, we are only fooling ourselves and not living in the truth. But if we confess our sins to Him, He is faithful and just to forgive us our sins and to cleanse us from all wickedness.

Take time to ask God if there is any unconfessed sin in your heart. These may be things you have said, done, thought or neglected to do.

Pray to God for forgiveness and cleansing.

You may want to write the things you have confessed on the acetates provided with a felt pen. Immediately drop the acetate sheet into the bowl of water and watch the words disappear. This is a symbol of your sins being washed away.

Prayer for the salvation of others

Thank God for the fact that He loves to save people.

Think of someone who does not yet know God, and commit to praying for them.

Complete one (or more) of these prayer cards to carry round with you as a reminder.

Healing

Isaiah 53:5 NLT

*But He was pierced for our rebellion,
crushed for our sins.*

He was beaten so we could be whole.

He was whipped so we could be healed.

Are you in need of healing, either emotionally or physically?

Oil may be used to anoint you as a sign of the healing power of the name of Jesus. You may wish to seek someone to pray with you for healing.

Easter Sunday

The Story of Hope

I Am the Resurrection and the Life

John 11:25



Reflect on the hope that the resurrection of Jesus gives us.

Write or draw any thoughts or Bible verses about hope

Spend time thanking Jesus.

Philippians 3:20-21

²⁰ But we are citizens of heaven, where the Lord Jesus Christ lives. And we are eagerly waiting for Him to return as our Saviour. ²¹ He will take our weak mortal bodies and change them into glorious bodies like His own, using the same power with which He will bring everything under His control.

To read further – 1 Corinthians 15

Easter Sunday ***The Story of Hope***

I Am the Resurrection and the Life

John 11:25

John 12:24



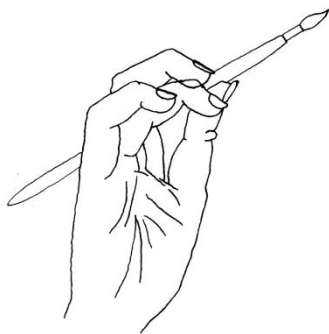
Plant a bulb to take home with you.

As it grows may it remind you of the ongoing hope
of new life.

Creative Zone

Please use all the materials here to express yourself to
God and also to listen to Him

You can hang your picture up when it is finished



Please wash any brushes and keep the area tidy.

Word Wall

Take time to just sit and listen to God. If you feel that you get a word, or picture please write it on a post it and stick it on the wall.



If there is a post it with a word or picture that applies to you, please take it away with you!