



Image: Sand Castle © Radu Razvan - Fotolia.com

A photograph of a sandcastle on a beach. The sandcastle is the central focus, with various towers and a small red flag on top. The background shows the sandy beach and some scattered debris. The text 'Our Value' is overlaid in a large, bold, blue font.

Our Value

**Is My Self-Image
Built on Sand?**

How do you value yourself?

- By what you look like?
- By what you are good at?
- By what your friends think of you?
- By what you own?
- By

A photograph of a sandy beach with numerous seashells scattered across the surface. The shells vary in size and color, including white, grey, and brown. The background shows a clear blue sky and a distant horizon line.

It's fine to have

good looks

friends

talents and skills

BUT if we base our VALUE on them...

A photograph of a sandy beach with several seashells scattered across the sand. A red flag is visible on the right side of the image. The text is overlaid in the center.

**What happens when...
those things change?**



Image: child playing at the beach © bbimages - Fotolia.com



**Do you value yourself by
what you look like?**

What happens when...

- **You are having a bad hair day**
- **You think someone else is better looking than you**
- **Acne strikes!**
- **You choose the 'wrong' outfit!**

A photograph of a sandy beach. In the foreground, there is a sandcastle with a small red flag on top. In the background, the legs of a person are visible, suggesting a beach scene. The text is overlaid on the image in blue.

**When a young person is beautiful,
it is an accident of nature.**

**When an old person is beautiful,
it is a work of art.**

Eleanor Roosevelt

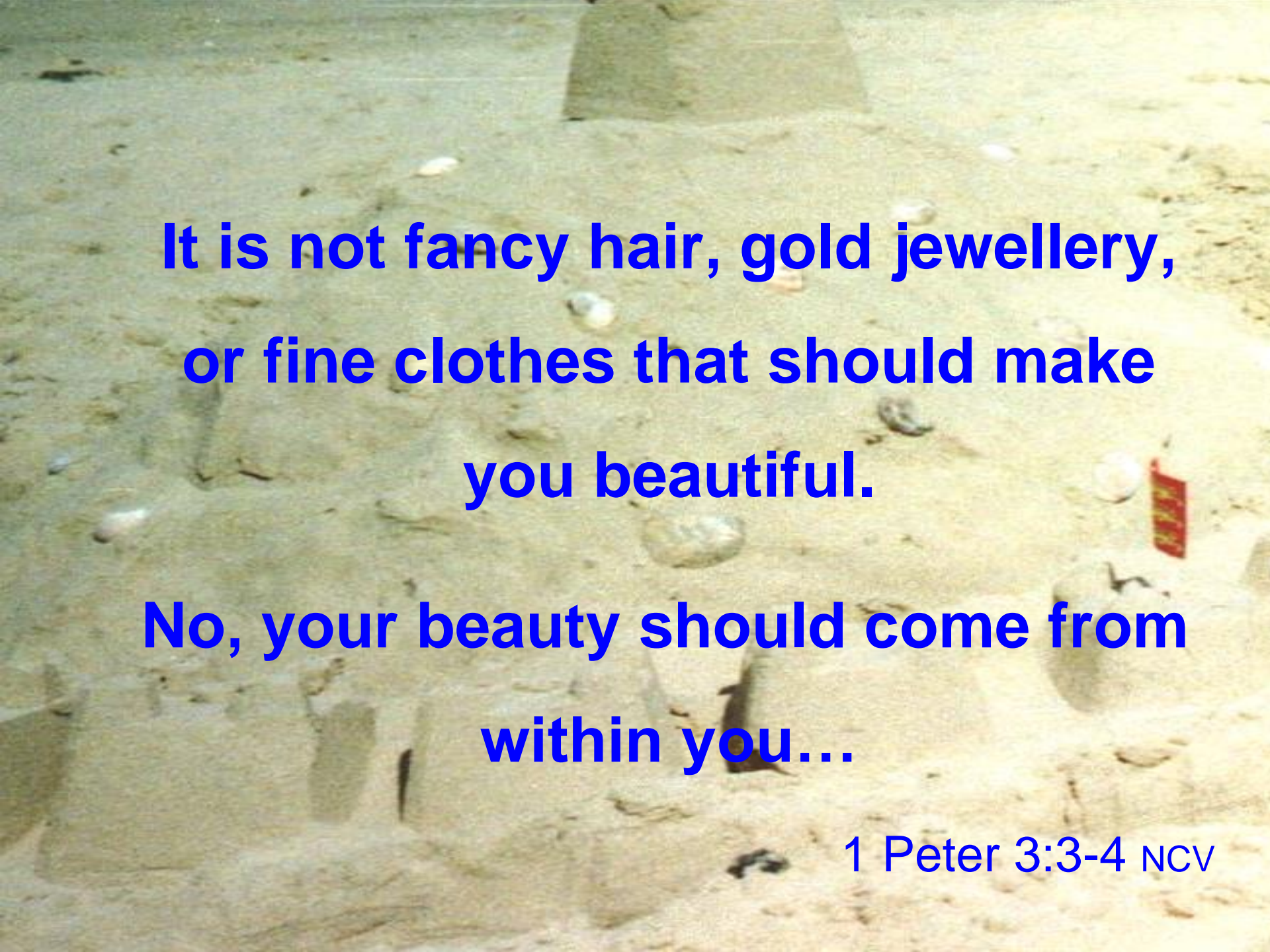
A little old lady

came out of her rickety wooden house and started to chat in Ukrainian. I couldn't understand what she was saying but it didn't seem to matter...

**She was a gorgeous woman,
with beautiful eyes.**

A real sweetheart.

Ewan McGregor

A photograph of a sandy beach with several seashells scattered across the sand. A small red flag is visible on the right side. The text is overlaid in blue.

**It is not fancy hair, gold jewellery,
or fine clothes that should make
you beautiful.**

**No, your beauty should come from
within you...**

1 Peter 3:3-4 NCV



**Do you value yourself
by what you are good at?**

What happens if...

- You meet someone who is better than you are?
- You try something new that you may not be so good at?

**If I must boast, I will boast of the things
that show my weakness... so that
Christ's power may rest on me...**

**“My grace is all you need. My power is
strongest when you are weak.”**

For when I am weak, then I am strong.

2 Corinthians 11:30; 2 Corinthians 12:9-10 NIV/NIRV

A close-up photograph of a sandy beach. The sand is light-colored and textured. Several seashells of various shapes and colors (white, grey, brown) are scattered across the sand. In the background, there are some faint, dark shapes that could be rocks or pieces of driftwood. The overall scene is bright and natural.

**Do you value yourself by
how many friends you have?**

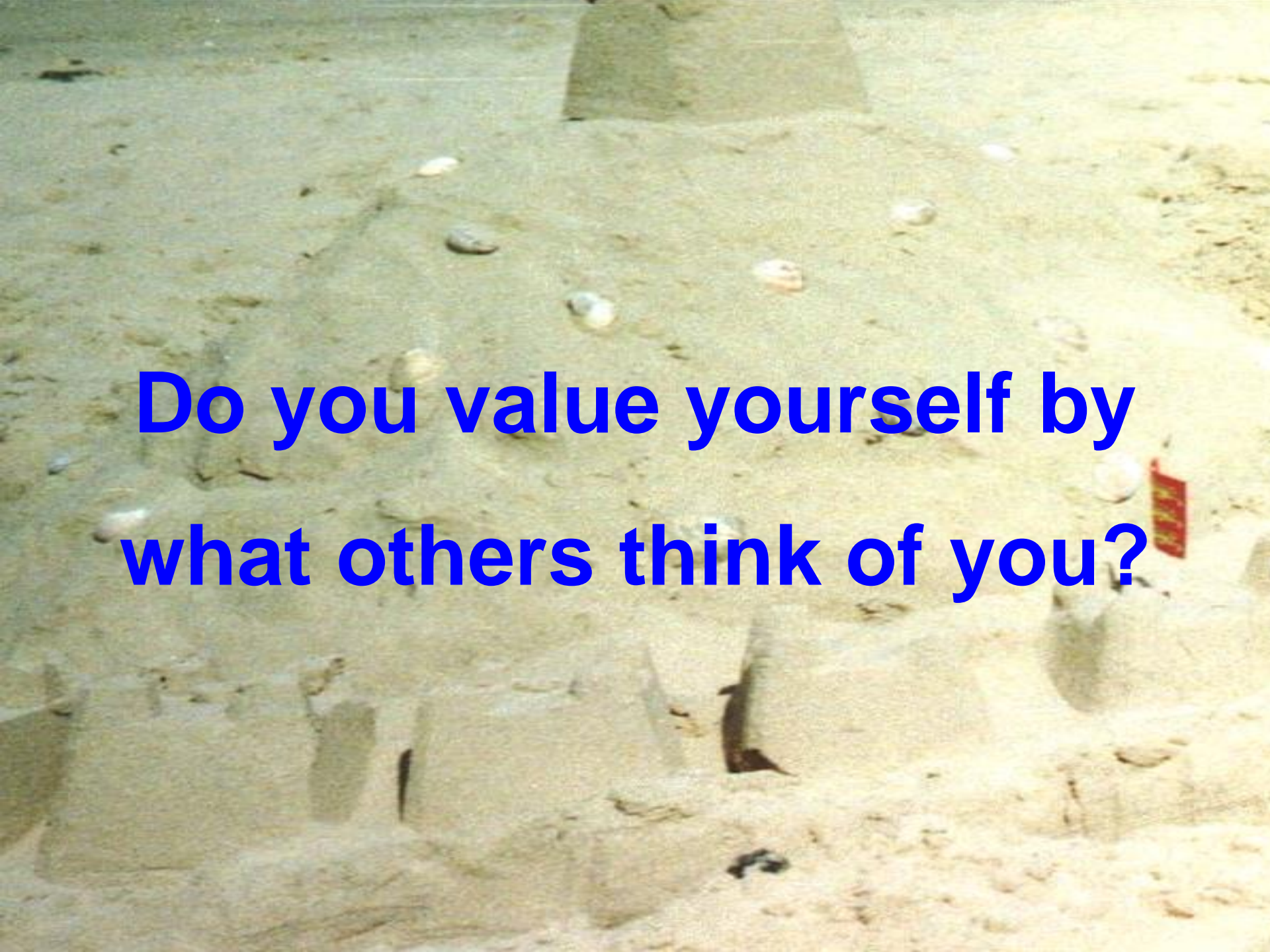
What happens when...

- Your friends seem to let you down**
- Your friends are struggling with stuff of their own and can't make you feel good about yourself**



**It is better to trust in the Lord than to
put confidence in man.**

Psalm 118:8 NKJV

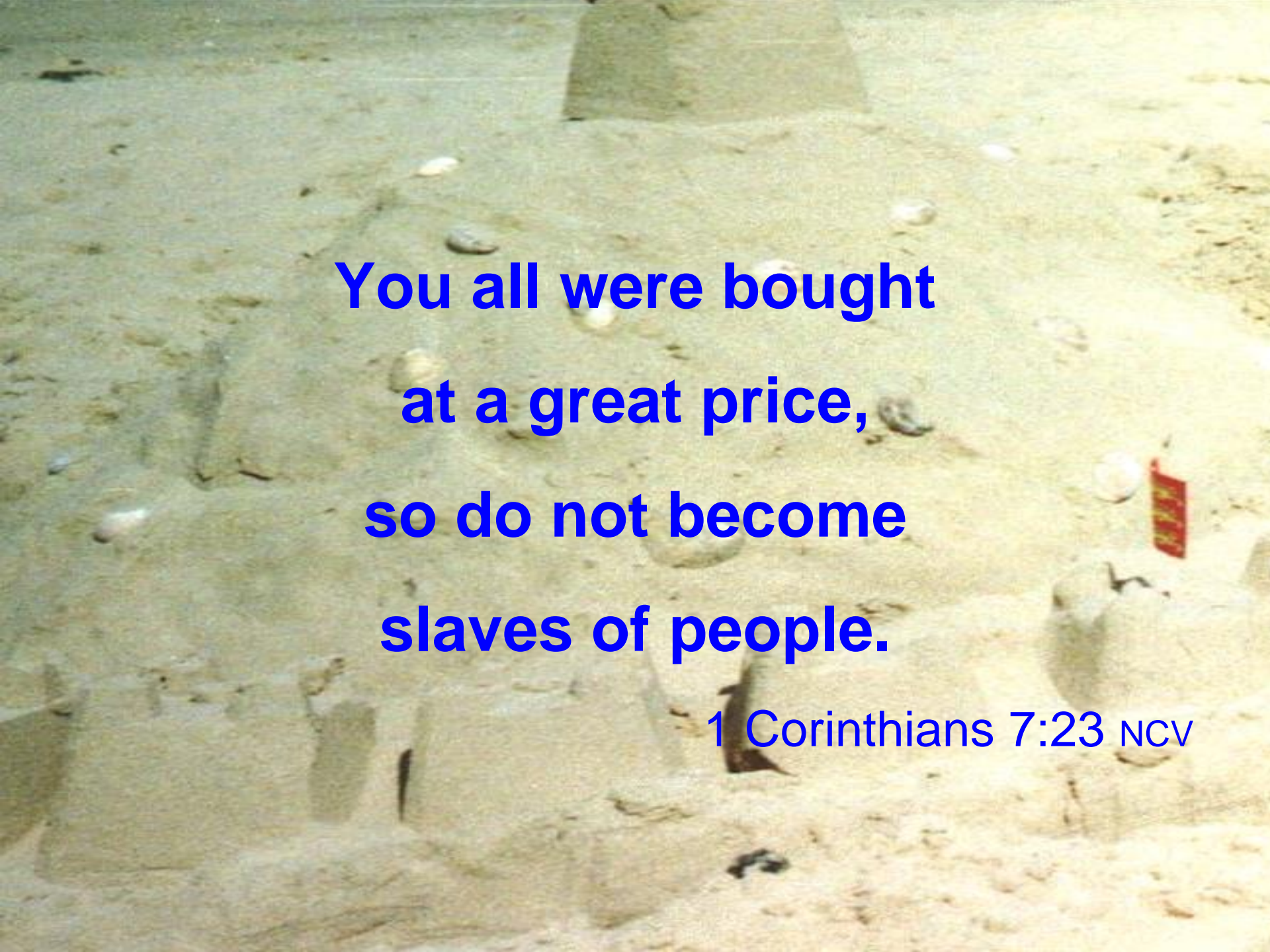
A photograph of a sandy beach with several seashells scattered across the sand. A small red flag is visible on the right side. The text "Do you value yourself by what others think of you?" is overlaid in blue.

**Do you value yourself by
what others think of you?**

A photograph of a sandy beach with numerous seashells scattered across the surface. In the background, a red flag is visible on the right side. The text is overlaid on the image in a bold blue font.

What happens when...

**Other people put you down,
criticize or speak unkindly about
you**

A photograph of an archaeological excavation site. The ground is sandy and light-colored, with several stone structures and artifacts scattered across it. In the center, there is a large, rectangular stone block. To the right, there is a smaller, cylindrical stone structure. In the background, there are more stone structures and a small red flag. The text is overlaid in the center of the image.

**You all were bought
at a great price,
so do not become
slaves of people.**

1 Corinthians 7:23 NCV



**Your approval means
nothing to me,
because I know you don't have
God's love within you.**

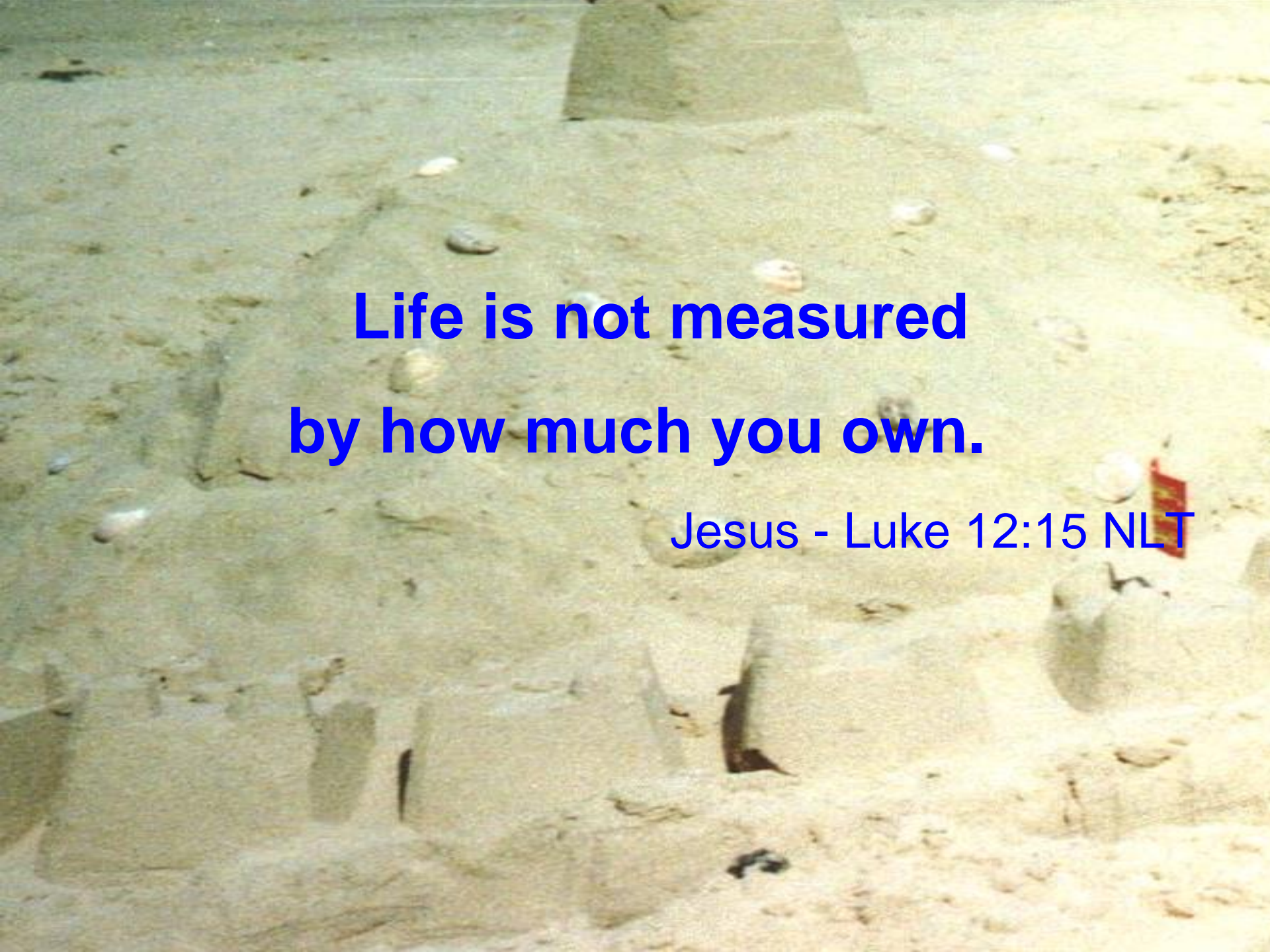
John 5:41-42 NLT



**Do you value yourself
by what you own?**

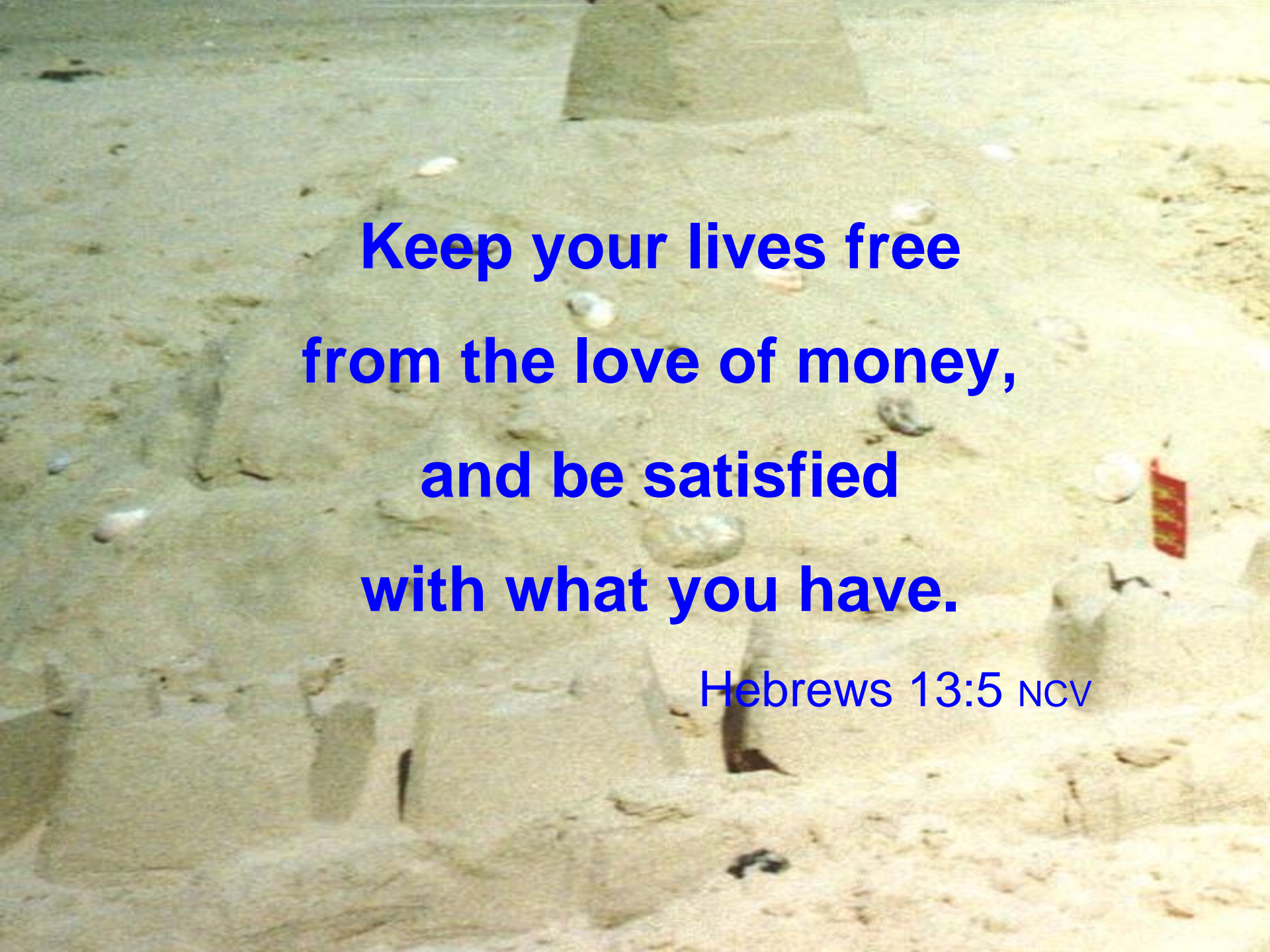
What happens when...

- You don't have any money
- Your friends have more things than you

A photograph of a sandy beach with several seashells scattered across the sand. A small red object, possibly a piece of trash or a marker, is visible on the right side. The text is overlaid in the center of the image.

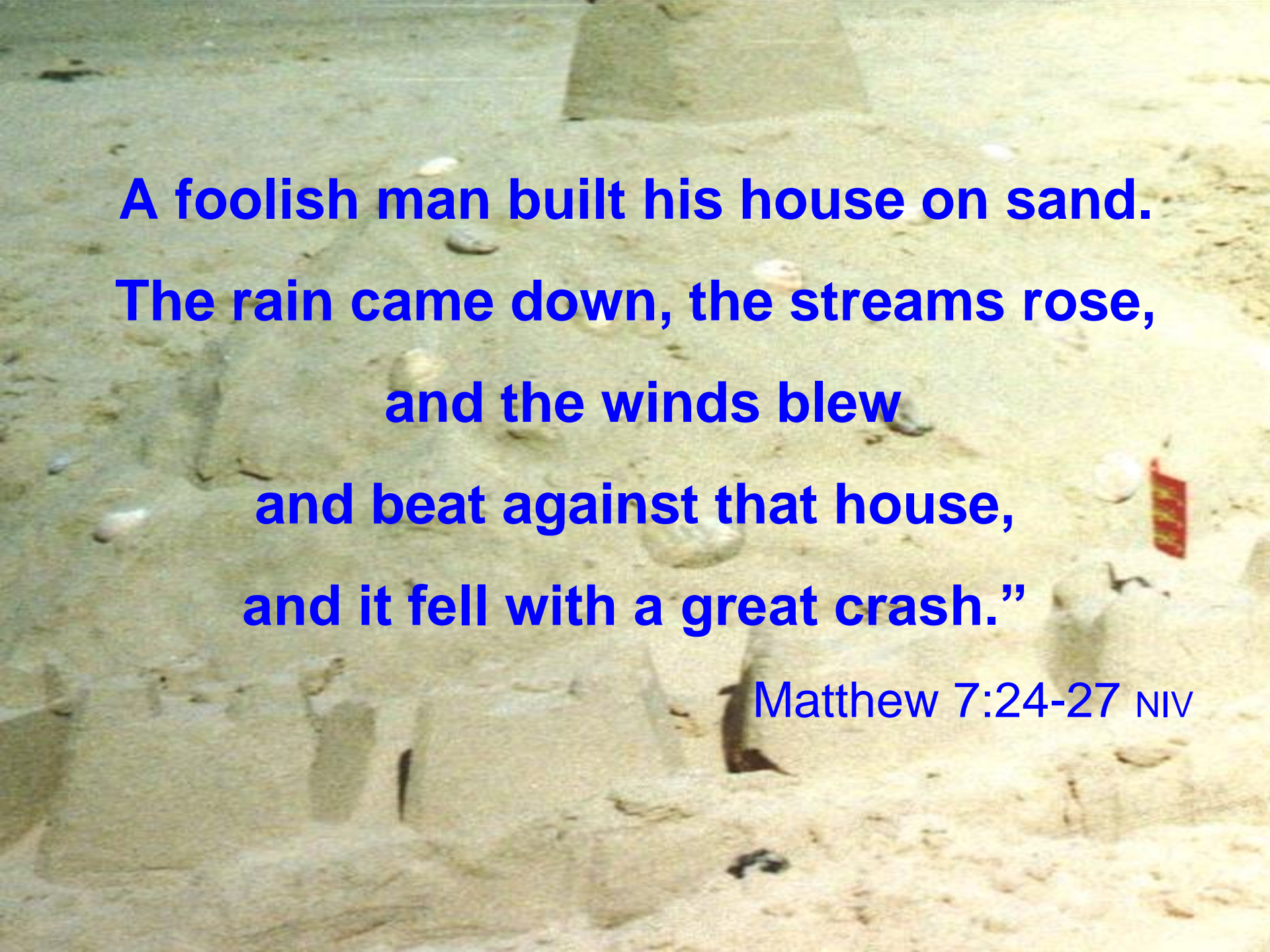
**Life is not measured
by how much you own.**

Jesus - Luke 12:15 NLT



**Keep your lives free
from the love of money,
and be satisfied
with what you have.**

Hebrews 13:5 NCV



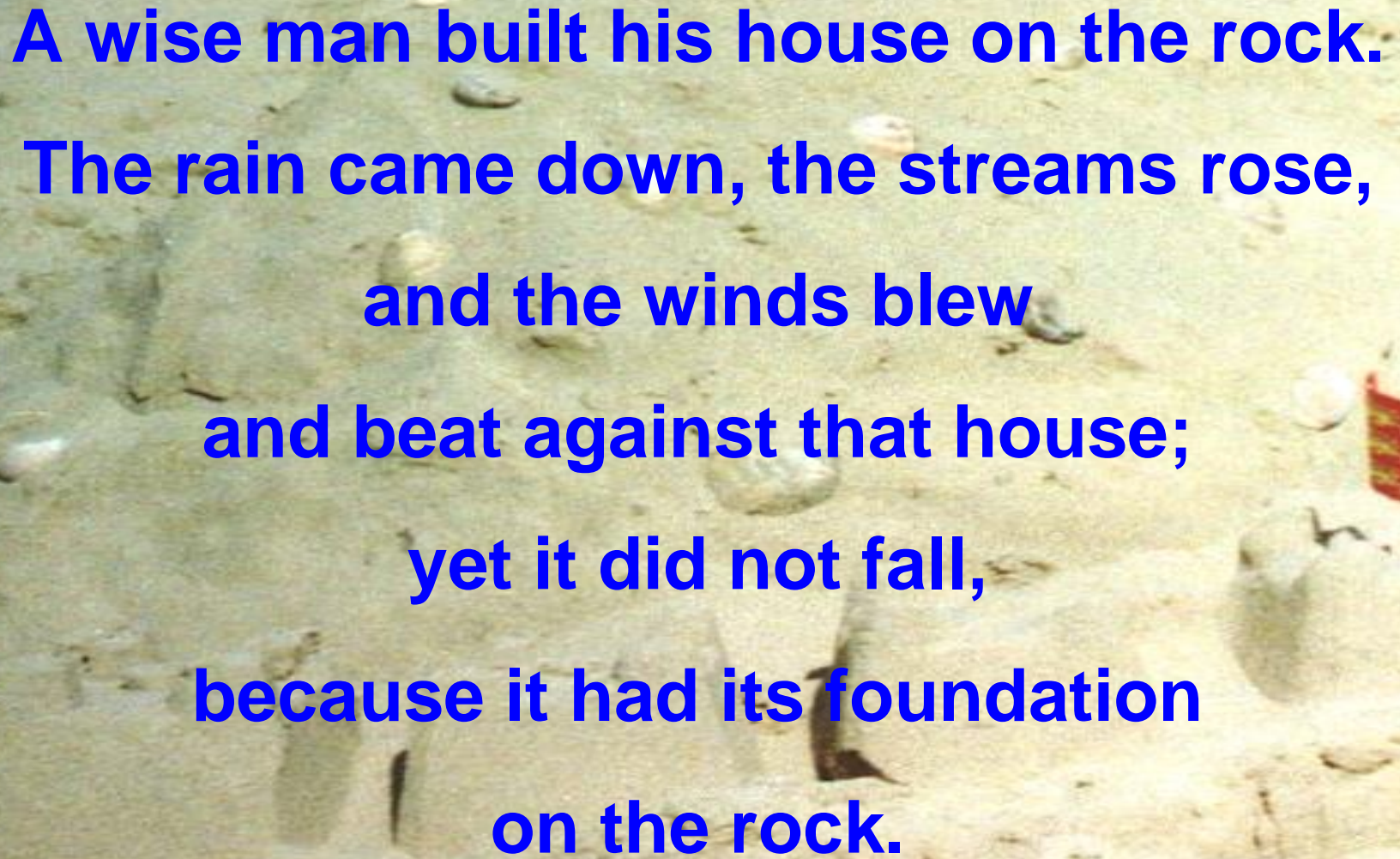
**A foolish man built his house on sand.
The rain came down, the streams rose,
and the winds blew
and beat against that house,
and it fell with a great crash.”**

Matthew 7:24-27 NIV



Image: sand castle collapsing by the tide on the coast of Brittany © autobus -Fotolia.com





**A wise man built his house on the rock.
The rain came down, the streams rose,
and the winds blew
and beat against that house;
yet it did not fall,
because it had its foundation
on the rock.**

Matthew 7:24-27 NIV



Image: Edinburgh, Scotland © Jan Kranendonk - Fotolia.com

AND THAT ROCK WAS CHRIST



Image: Cuenca.Spain. lost in cliffs © Freesurf - Fotolia.com

THERE IS NO ROCK LIKE OUR GOD

Credits

Bible translations

- **NCV = New Century Version** ® Copyright © by Thomas Nelson, Inc. Used by permission. All rights reserved.
- **NLT = Holy Bible, New Living Translation**, copyright © 1996, 2004, 2007 by Tyndale House Foundation. Used by permission of Tyndale House Publishers, Inc., Carol Stream, Illinois 60188. All rights reserved.
- **NIV = Holy Bible, New International Version**® Anglicized, NIV® Copyright © Biblica, Inc.® Used by permission. All rights reserved worldwide.
- **NIRV = New International Reader's Version** Copyright © 1996, 1998 by Biblica

Credits

Compiled by SoulSpace1014.com

Photos:

Microsoft clip art

child playing at the beach © bbimages - Fotolia.com

cute boy playing with sand on beach © april_89 - Fotolia.com

Sand Castle © Radu Razvan - Fotolia.com

sand castle collapsing by the tide on the coast of Brittany © autobus -Fotolia.com

Sand Castle © irontrybex - Fotolia.com

Edinburgh, Scotland © Jan Kranendonk - Fotolia.com

Cuenca.Spain. lost in cliffs© Freesurf - Fotolia.com

Used under licence

PowerPoint background from personal album



Image: cute boy playing with sand on beach © april_89 - Fotolia.com