

Forgiveness Prayer Space Activity

Have a selection of quotes on forgiveness written on coloured papers on the table or floor.

Let them pick the one they like best and/or write one of their own.

Some groups might like to take turns to read out their quote and say why they like it.

They could make up a collage from their favourites.

Include space for sorry/forgiveness prayers.

Some of the quotes might inspire a picture. If you look online, you can find some ready-made images with quotes.

✚ What do **you** think forgiveness is?

✚ Which of these quotes on forgiveness do you like best?

✚ Draw a picture or write a prayer on forgiveness

Forgiveness is a funny thing.

It warms the heart and cools the sting.

I've learned that no matter how good a friend someone is, they're
going to hurt you every once in a while
and you must forgive them for that.

The weak can never forgive.

Forgiveness is the attribute of the strong.

Always forgive your enemies - nothing annoys them so much.

Resentment is like drinking poison
and waiting for the other person to die.

One of the secrets of a long and fruitful life
is to forgive everybody, everything before you go to bed.

To forgive is to set a prisoner free
and discover that the prisoner was you.

Forgiveness is not about forgetting.
It's about letting go of another person's throat.

To forgive is the highest, most beautiful form of love.

When a deep injury is done us, we never recover until we forgive”

Never forget the three powerful resources you always have
available to you: love, prayer, and forgiveness.”

The practice of forgiveness is our most important contribution
to the healing of the world.