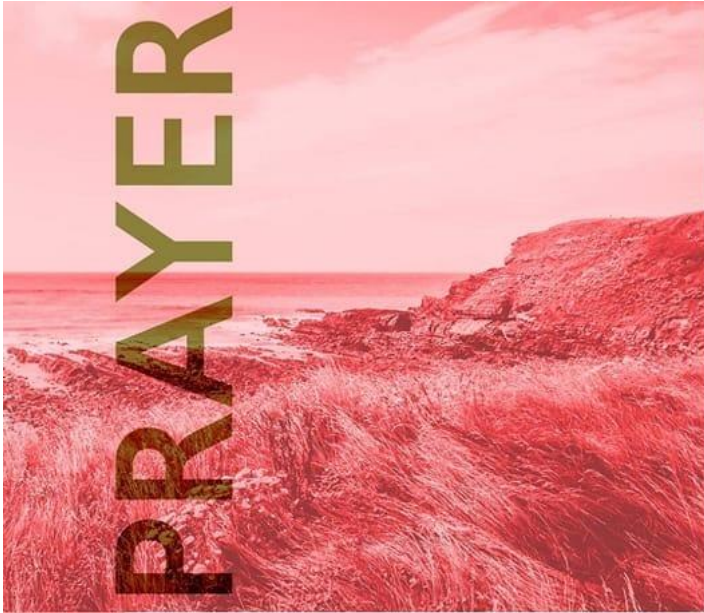


PRAYER



EQUIPMENT

SOMETHING COMFY TO SIT ON
SOMETHING COSY
POT OF COLOURING PENS
SOME LIGHTS
BIBLE
SOME PAPER OR SITCKY NOTES
SPEAKER

BE STILL AND
KNOW THAT
I AM GOD

CHRISTMAS

HOW TO PRAY

PETE GREIG

EVEN WHEN YOU DON'T REALLY WANT TO PRAY, A PLACE OF PRAYER CAN OFTEN MAKE IT EASIER. SIMPLY BY SHOWING UP YOU ARE MAKING YOURSELF AVAILABLE, AND THESE ARE OFTEN THE TIMES WHEN GOD MEETS YOU MOST POWERFULLY.



TASK

SET UP A PRAYER SPACE IN YOUR HOUSE, IDEALLY SOMEWHERE YOU CAN LEAVE IT SETUP. ALSO, MAYBE A PLACE WHERE YOU CAN SEE GOD'S CREATION OR SOMEWHERE YOU FEEL WARM AND COSY. SPEND SOME TIME THERE EACH DAY, WITHOUT ANY DISTRACTIONS.

START WITH 5 MINUTES AND SEE HOW YOU GO. WHY NOT WRITE OR DRAW ANY THOUGHTS THAT COME TO MIND? YOU CAN USE THE

VIDEO IN THE QR CODE AS A STARTING PLACE.

REMEMBER, YOU ARE GOD'S CHILDREN AND HE LOVES SPENDING TIME WITH YOU!



Emmanuel Church Woodley

AT HOME

PRAYER

12 / 2020



[ECW Youth Christmas Prayer Space - YouTube](#)

Compiled by Laurie-Ann Price; Credit to Oxford Diocese Contemplative Tool Kit

Not just for Christmas!