



Value Interactive Ideas and Games



This is a mix and match set of activities on the theme of value; how we value ourselves and others. It links with the plans on 'Reflecting on our Image' and 'Is My Self-Image Built on Sand?'

Game – What's it worth? Guess the Price

Need: Shopping items or shopping catalogue pictures with a separate list of their prices.

Play: Divide the group into teams. Show one shopping item or picture at a time and give points to the team which makes the closest guess regarding the price. You can vary the number of items depending on how much time you can spend on the game.

Discuss:

How do we decide what something is worth?

How do we decide what someone is worth?

How do you value yourself?

Game - 'Guess the Value of ...'

Need: Make a 'value-o-meter' with a dial pointing at none, some, lots, masses, essential/can't live without it

Go round your house and select a wide variety of items of various values. Include some personal items such as photos of family and friends.

For example I used:

A scrap of paper

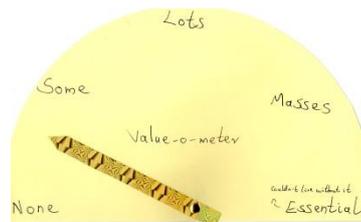
A mud pack sachet

A carrot

A sea shell

A mobile phone;

A photo of someone special



A 'value-o-meter' can be easily made from card with a paper clip to swivel the arrow

This will bring out the difference between the monetary value and the real life value of something as well as the fact that the value of something can depend on our perspective. A sea shell is a good example of this. And what is worth more – a field of gold dust or a field of good quality soil?!

Example: Sea Shells

Aim: Discuss how we decide the value of something

Need: at least one sea shell or photo of one.

Show a small seashell.

- How much is it worth?



When archaeologists dig in an old city they like to find the rubbish pit as it tells them a lot about people's lifestyles and what they ate. On Roman sites they often find shells as Romans loved seafood – and then threw the shells away because to them they were just rubbish.

Show a larger prettier shell if possible.

- Where might you find this?



Perhaps in a seaside gift shop where tourists might buy them as ornaments.

- Who / what would value a seashell the most of all?

How about the sea creature that lived in it? To them it was not merely their home; it was something their life depended on. To them a seashell was priceless.

- Is it the same with people?

Some people are worth more to us personally than others.

We in turn are valued differently by different people

- Who values us the most of all?

Should we be upset if there are some people don't really notice or value us much?

Christians believe that God values everyone equally and that he values us very highly.

- How important is his opinion of us?

Reflections activities – choose from –

- Find a mirror and other reflective surfaces such as tin foil, shiny paper etc. Discuss which ones show their image the clearest.
- Collect some pictures which show reflections, or use our PowerPoint on this.
- Find some photos of people they know and distort them e.g. use 'artistic effects' within PowerPoint. Ask them to guess who they are.
- <http://www.youtube.com/embed/pfxB5ut-KTs?rel=0>" people looking at their reflection;
- Near Perfect Reflection: <http://www.youtube.com/watch?v=wARB2COiwZc> (27 seconds)
 - Discuss reflections
 - How well can you see yourself in these?
 - What differences are there between the real you and your reflection?
 - What is an image?

Something which gives an accurate picture of the original but is not quite the same as the original. It doesn't have the same depth but it can be lovely in its' own right.

Food ideas:

Shaped biscuits: Give out some biscuits you have made in the shape/image of something. We used Dalek shapes but any recognisable shape will do. In the image of ... but not a ...

Making such biscuits could also be an activity if you have the time.

Alternatively use a modelling agent to form something in the image of something else.

Food idea 2: Give out 'Gold' chocolate bars as a snack. We are worth more than gold.

DVD clips that show people who they really are

Ice Age 2: The Meltdown; **Ellie the Possum-Mammoth** 08 0:22:15 – 10 0:26:00 (5 mins)

In **Ice Age 2: The Meltdown**, Ellie the mammoth has grown up with possums having lost her family when she was a baby. She therefore believes that she is a possum. When her new friend Manny is able to show her a pool where she sees a much truer reflection of herself she finally accepts that she is a mammoth. You can talk about the story even if you are not able to show a video clip.

Activity sheets/discussion on Self-image

There are different versions of this on a separate document. Choose the best one for your group or use them to write your own version. Some groups may like to fill these in privately, other may be happy to discuss them. The important thing is that the young people are honest with themselves.

Summary of content on sheets

How do you value yourself? What makes you feel valued?

1. By what you look like? Personal appearance
2. By what you're good at? Performance
3. By your how many friends you have. Position/status
4. By what you own? The latest game etc. Possessions

Discussion starters:

1. When you wake up in the morning, what do you think when you look in the mirror?

Do you value yourself by what you look like?

Useful: Small bag containing mascara, eye-liner, lipstick foundation/concealer etc

Ask: Show the collection of make-up.

Which items would you not leave the house without?

Useful: some items or photos of fashions now out-of date

Discuss: If we base our value on changeable things, what happens when those things change?

On what unchangeable things can we base our value?

What does God say?

Select some of the Bible verses and decide which of them say that we are worth something and which say that we are not. Place in 2 piles.

Ask them to select their favourite verse/s and write on a gold card.

Discuss how we can really take this on board. Most of us know this but it is still something that will struggle with throughout much of life. Share personal stories if appropriate.

Chocolate gold coins

Need: Chocolate gold coins (easier to buy around Christmas)

Ask: Is your value like chocolate money? When the heat goes up – does it melt away?

What are we worth? Some Bible verses

Bible verses on a PowerPoint show – or use Bibles.

Write Bible verses relating to image on card, unless using PowerPoint or Bibles

Printout of Bible verses and cut up / or select and write out on postcards

MSN Internet survey October 2010 Which make-up item could you not live without?

1. Lipstick 16%
I feel naked without it.
2. Mascara 45%
My eyelashes are non-existent otherwise!
3. Eyeliner 18%
I need something to open up my peepers.
4. Concealer 21%
I have a terrible complexion.



Sandcastle activity (Matthew 7:26-27)

Need: Gold card cut into flag shaped pieces (about 10cm x 5cm)

Gold card to write favourite verses

Some kind of modelling agent that collapses easily like sand, flour, mud, playdough

Small plastic tumblers

This activity could also become an act of worship

Write on the golden flags the things on which you often base your value.

Make the sandcastle/s and place the flags in it/them.

Discuss what will happen when it rains. Perhaps read the parable of the foolish man.

'You are Special' story by Max Lucado

Read the story

Discussion questions

- What do people give you stars for?
- What do people give you dots for? How does it feel?
- What do you give other people stars & dots for?
- Why do we do this?
- Is it good to give people stars? Why?
- Should we ever give people dots?
- Are there people who never get either stars or dots? How would that feel?

Comparison activity

In what ways do we reflect God? (Do this as a chart or list on a flip chart and get them to decide together, or do it on sheets in teams)

So looking at what we've found here, how do you think being made in the image of God affects our value?

Discuss

- When was the last time you felt special and why?
- Do you value yourselves enough to feel free to be yourself?
- Do you ever compromise your values in order to increase your rating?
- What do you do to make others feel valued?
- What do you do to show Jesus that we value him?

Other resources

- How Much Do You Think You Are Worth (Is A Rich Man Worth More Than A Poor Man) from 'Paid on the Nail' by Graham Kendrick <http://www.grahamkendrick.co.uk/songs/item/87>
- CD Newsboys: Shine: track 13 Where You Belong / Turn Your Eyes upon Jesus <http://www.youtube.com/watch?v=xCwNJ17XM8s>
- Every teen girl's little pink book on what to wear: Cathy Bartel
- <http://www.dresstoimpress.biz/blog.php> for discussion starters on clothes
- <http://www.lifebuzz.com/colbie-caillat-got-tired-of-being-photoshopped-so-heres-what-she-did-about-it/>

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